

Michigan Grade Level Content Expectations (GLCEs) for HIV and Sex Education in Grades 4, 5, and 6 Addressed by *Puberty the Wonder Years* (2021-2024)

Grade 4

Michigan Standards	<i>Puberty the Wonder Years</i> Lessons
Strand 6: HIV Prevention	
6.1 Define HIV and AIDS.	Add-On Lesson H: HIV and STIs
6.2 Explain that it is safe to be a friend of someone who is living with HIV or AIDS.	Add-On Lesson H: HIV and STIs
6.3 Explain how HIV is and is not transmitted.	Add-On Lesson H: HIV and STIs
6.4 Describe how people can protect themselves from infection with serious blood-borne communicable diseases, including not touching blood and not touching used needles.	Add-On Lesson H: HIV and STIs
Strand 7: Growth and Development	
7.1 Explain that puberty and development can vary considerably and still be normal.	Lesson 4-4: Puberty in Male-Bodied People Lesson 4-5: Puberty in Female-Bodied People
7.2 Identify personal hygiene practices and health/safety issues during puberty (e.g., showering, deodorant, use of sanitary products, and athletic supporters).	Lesson 4-6: Caring for the Changes
7.3 Describe social changes during puberty (e.g., changes in friendships, crushes/attractions, and changing expectations of parents/adults).	Lesson 4-3: Respecting Our Friends: Gender Lesson 4-4: Puberty in Male-Bodied People Lesson 4-5: Puberty in Female-Bodied People
7.4 Describe emotional changes during puberty (e.g., mood shifts).	Lesson 4-4: Puberty in Male-Bodied People Lesson 4-5: Puberty in Female-Bodied People
7.5 Describe physical changes that occur during puberty (e.g., body hair, body odor, voice, body shape, strength, hormones, and menstruation).	Lesson 4-4: Puberty in Male-Bodied People Lesson 4-5: Puberty in Female-Bodied People
7.6 Identify potential resources (e.g., parents, teacher, and other trusted adults) that can provide accurate information about puberty.	Lesson 4-1: Climate for Growth Lesson 4-2: Families and Roles
7.7 Develop plans to maintain personal hygiene during puberty.	Lesson 4-6: Caring for the Changes

Grade 5	
Michigan Standards	<i>Puberty the Wonder Years Lessons</i>
Strand 6: HIV Prevention	
6.1 Define HIV and AIDS.	Add-On Lesson H: HIV and STIs
6.2 Explain that it is safe to be a friend of someone who is living with HIV or AIDS.	Add-On Lesson H: HIV and STIs
6.3 Explain how HIV is and is not transmitted.	Add-On Lesson H: HIV and STIs
6.4 Describe ways people can protect themselves from infection with serious blood-borne communicable diseases, including not touching blood, not touching used needles, and not having sex.	Add-On Lesson H: HIV and STIs
Strand 7: Growth and Development	
7.1 Explain that males and females develop at different rates, and there are wide variations within each sex.	Lesson 5-2: Puberty and the Male Reproductive System Lesson 5-3: Puberty and the Female Reproductive System
7.2 Explain social changes during puberty (e.g., changes in friendships, crushes/attractions, and changing expectations of parents/adults).	Lesson 5-6: Social and Emotional Changes
7.3 Explain emotional changes during puberty (e.g., mood shifts).	Lesson 5-6: Social and Emotional Changes
7.4 Explain physical changes that occur during puberty (e.g., body hair, body odor, voice, body shape, strength, hormones, and menstruation).	Lesson 5-2: Puberty and the Male Reproductive System Lesson 5-3: Puberty and the Female Reproductive System Lesson 5-4: Reproduction
7.5 Define and identify basic male and female reproductive anatomy using scientific names.	Lesson 5-2: Puberty and the Male Reproductive System Lesson 5-3: Puberty and the Female Reproductive System
7.6 Define the functions of sperm and egg cells in human reproduction.	Lesson 5-4: Reproduction
7.7 Describe how sperm cells are produced.	Lesson 5-4: Reproduction
7.8 Describe the menstrual cycle and its potential for human reproduction.	Lesson 5-4: Reproduction
7.9 Describe the functions of basic male and female reproductive anatomy.	Lesson 5-2: Puberty and the Male Reproductive System Lesson 5-3: Puberty and the Female Reproductive System
7.10 Describe criteria to determine whether resources provide accurate information about puberty; and apply these criteria to identify valid resources.	Lesson 5-1: Ready, Set, Grow!
7.11 Explain how culture, media, and others influence what one thinks about oneself and relationships.	Lesson 5-7: Consent

Grade 6	
Michigan Standards	<i>Puberty the Wonder Years Lessons</i>
Strand 6: HIV and STIs Prevention	
none	Lesson 6-7: Sexually Transmitted Infections
Strand 7: Sexuality Education	
7.1 Describe the changes in friendships that one might experience as a result of puberty, and evaluate what it means to be a boyfriend or girlfriend.	Lesson 6-4: Healthy Relationships Lesson 6-5: Relationship Challenges
7.2 Identify changes in physical maturation during puberty as it relates to the physical capacity for human reproduction.	Lesson 6-2: How My Body Works
7.3 Describe the basic process of human reproduction, using scientific names for reproductive anatomy.	Lesson 6-2: How My Body Works Lesson 6-6: Making Responsible Decisions Add-On Lesson G: Preventing Pregnancy and STIs
7.4 Define abstinence from sex.	Lesson 6-6: Making Responsible Decisions Add-On Lesson G: Preventing Pregnancy and STIs
7.5 Analyze reasons for young people to remain abstinent, concluding that abstinence is the only 100% effective method of protection from HIV, other serious communicable disease, and pregnancy.	Lesson 6-6: Making Responsible Decisions Add-On Lesson G: Preventing Pregnancy and STIs
7.6 Locate adult resources (e.g., parent, teacher, medical professional, counselor, other adult) who can provide accurate information about friendships, dating, puberty, and human reproduction.	Lesson 6-1: Growing Together Lesson 6-3: Changing As We Grow Lesson 6-9: Media and Information Literacy
7.7 Recognize situations or behaviors that may lead to engaging in sexually risky behaviors.	Lesson 6-5: Relationship Challenges Lesson 6-6: Making Responsible Decisions
7.8 Set personal boundaries and limits related to physical intimacy and sexual behavior.	Lesson 6-5: Relationship Challenges Lesson 6-6: Making Responsible Decisions Lesson 6-8: Refuse or Report
7.9 Evaluate a variety of external influences (e.g., media, parents, culture, peers, and society) and internal influences (e.g., values, curiosity, interests, desires, and fears) and their potential to impact relationships and behavior.	Lesson 6-4: Healthy Relationships Lesson 6-5: Relationship Challenges Lesson 6-8: Refuse or Report
7.10 Develop personal short- and long-term goals that support abstinence.	Lesson 6-6: Making Responsible Decisions Lesson 6-10: Future Me
7.11 Demonstrate how to communicate one's level of readiness to be a boyfriend or girlfriend.	Lesson 6-4: Healthy Relationships Lesson 6-5: Relationship Challenges

7.12 Identify ways to show respect for other’s boundaries and limits related to physical intimacy and sexual behavior.	Lesson 6-4: Healthy Relationships Lesson 6-5: Relationship Challenges Lesson 6-6: Making Responsible Decisions
7.13 Demonstrate the ability to use verbal and non-verbal ways to refuse participation in sexual behavior.	Lesson 6-4: Healthy Relationships Lesson 6-5: Relationship Challenges Lesson 6-8: Refuse or Report

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