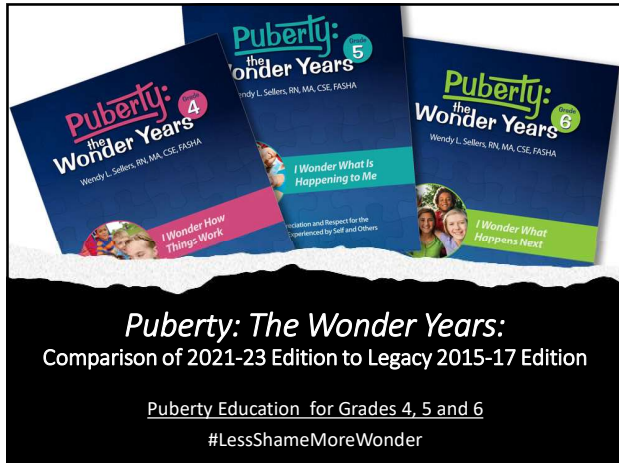
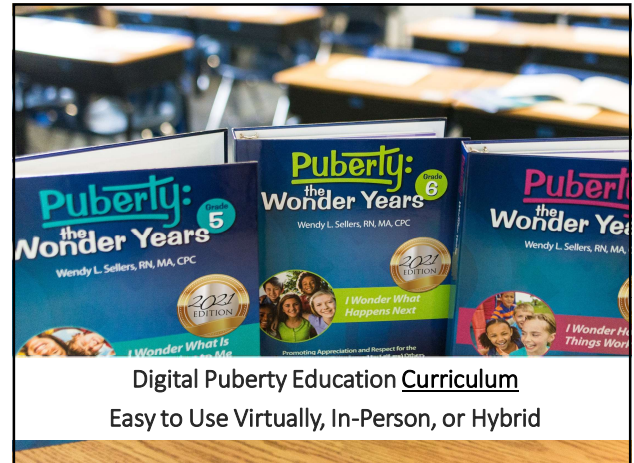


Puberty: The Wonder Years

Comparison 2021-23 to Legacy 2015-17 Edition Handout



1



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2021 Curriculum:

- Grade 4: 6 lessons (same number)
- Grade 5: 7 lessons (same number)
- Grade 6: 10 lessons (3 more)
- 8 Add-On Lessons (for any grade) (4 more)

Synopsis of lessons
Summary of changes

3

English & Spanish

Puberty: the Wonder Years
Grade 4
Wendy L. Sellers, RN, MA, CSE, FASHA

Grade 4: "I Wonder How Things Work"

1. Safe classroom climate, parent communication, cells
2. Families and roles, communicating appreciation
3. Showing respect for peers of any gender (new)
4. Puberty in male-bodied people
5. Puberty in female-bodied people
6. Caring for skin, hair and nails during puberty

Promoting Appreciation
Amazing Changes Experienced

Student Learning Objectives: English, Spanish

4

English & Spanish

Puberty: the Wonder Years
Grade 5
Wendy L. Sellers, RN, MA, CSE, FASHA

Grade 5: "I Wonder What Is Happening to Me"

1. Safe classroom climate, parent communication, growing up
2. Changes in puberty with a male reproductive system
3. Changes in puberty with a female reproductive system
4. Reproductive system changes
5. Personal hygiene and health habits, postponing sex
6. Social and emotional changes, showing respect
7. Respecting our peers focusing on consent (new)

Promoting Appreciation
Amazing Changes Experienced

Student Learning Objectives: English, Spanish

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English & Spanish

Puberty: the Wonder Years
Grade 6
Wendy L. Sellers, RN, MA, CSE, FASHA

Grade 6: "I Wonder What Happens Next"

1. Safe classroom climate, parent communication, puberty review
2. Review of female and male reproductive systems, communication about sexual behavior (was 6-3)
3. Hormones, brains, and social-emotional development (expands 6-3 to add social, emotional, cognitive changes)
4. Healthy relationships with consent and respect
5. Relationship challenges and what to do
6. Making responsible decisions about sexual behavior
7. Sexually transmitted infections: prevent and treat (new)
8. Refuse or report: responses to violence (was Optional C)
9. Accurate information: Be a CRAB (was 5-7 and Optional D)
10. Advocating for future me (new)

Promoting Appreciation
Amazing Changes Experienced

Student Learning Objectives: English, Spanish

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Puberty: The Wonder Years Comparison 2021-23 to Legacy 2015-17 Edition Handout

English & Spanish

Add-On Lessons

- A: Building Blocks of Life (same)
- B: Genetics, Twins (same)
- C: Fetal Development (was 6-2)
- D: New Life (was 4-3)
- E: Understanding Ourselves and Others (new lesson on gender and sexual orientation)
- F: Safe and Nurturing Touches Only (new lesson on abuse prevention)
- G: Preventing Pregnancy and STIs (modified from Optional Lesson D)
- H: HIV and STIs

Student Learning Objectives: [English](#), [Spanish](#)



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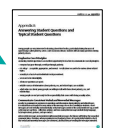
English & Spanish

Online Teacher Resources

- Slides
- Student Activity Sheets
- Answer Keys
- Family Engagement Resources
- Teacher Reference Information (English)
- Parent Presentation Slides (new)
- Social Media Toolkit (new)

Guidelines for Discussion

- Teach the subject respectfully.
- Use humor appropriately.
- Use the correct terms for body parts and functions.
- Respect other people and their ideas.
- Avoid gossiping.
- Avoid personal questions and stories.
- Ask questions; questions are good.

8

Overarching Changes: Teacher Requests

Teachers' wish lists have been incorporated:

- Additional supports and guidance to make it even easier for teachers to implement the lessons
- More streaming videos have been included
- Digital format makes it easy to teach virtually or face-to-face
- All lessons, student, and family resources are in English and Spanish



9

Overarching Changes: Inclusivity

Lessons are more inclusive of all students:

- Inclusive language has been integrated
- Judgmental language has been removed
- Trauma-informed approach applied
- Content warnings included
- Inclusive student scenarios provided




10

Overarching Changes: Cutting Edge

Current issues, information, and strategies are included:

- Lessons are closely aligned to the National Sex Education Standards, 2nd ed, 2020
- Biological terms are used for anatomy and behavior, not gendered terms
- Consent is emphasized across all grades
- Interpersonal and sexual violence prevention and response is stressed
- Porn is addressed
- Media literacy is taught
- Sex positive approach replaces negative messaging
- Is updated and disseminated quickly




11

Reasons to Use Puberty: The Wonder Years 2021

- You asked. We listened.
- You want to engage parents & caregivers.
- You want a turnkey, digital curriculum.
- You want to empower teachers.
- You want to avoid controversy.
- You want kids to develop into sexually healthy adults.

...advocating for dignity, respect, and sexual health for self and others




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Puberty: The Wonder Years

Comparison 2021-23 to Legacy 2015-17 Edition Handout

Puberty: The Wonder Years
#LessShameMoreWonder



Documents:

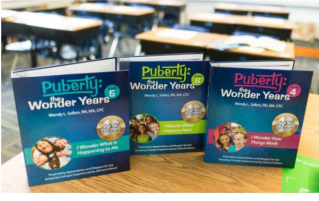
- Puberty: The Wonder Years Curriculum [Brochure](#)
- Online Training Course for Educators [Brochure](#)
- [Synopsis](#) of Puberty: The Wonder Years lessons
- [Features](#) of Puberty: The Wonder Years
- Evaluation of Puberty: The Wonder Years [Infogram](#)

Websites:

- Puberty: The Wonder Years [website](#)
- Online Training Course for Educators [website](#)
- Online Parent Course [website](#)
- Distance Learning Guidance [blog and videos](#)
- How to Teach Puberty at Home [blog and videos](#)
- Parent Resources [website](#)
- State-specific resources [website](#)

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Get Your Free 5th Grade Lesson!



Teaching puberty is tough.

See how we make it easy!

Try out a free lesson.

Get immediate access to the first lesson of Puberty: The Wonder Years for grade five. Fill out this form and create your own password to access this free lesson for 10 days.

Price: Free for 10 Days

[Get the free lesson](#)

Need to know more about our curriculum first? [Click here](#)


Get your free sample lesson here.

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60-Day Preview for Curriculum Committees

Preview Puberty: The Wonder Years

See the 2021 edition of Puberty: The Wonder Years and find out why it will be perfect for you!



You'll have access to preview:

- A digital edition of all three years of curriculum.
- All the support YOU need to teach puberty — yes, YOU!

If you are part of a curriculum selection committee, this offer is for you.

Just fill in the information below, and an administrator will contact you with your login credentials for your 60-day preview.

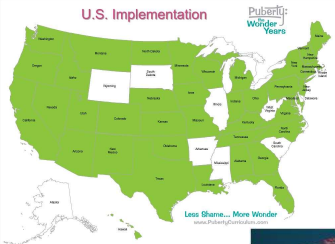
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Request Your Preview Here

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U.S. Implementation



Puberty: The Wonder Years
Is Widely Used in 2023



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Author Background:
Wendy L. Sellers

- ✓ Registered nurse
- ✓ Published author and editor
- ✓ AAECT Certified Sexuality Educator
- ✓ National trainer
- ✓ National Health Coordinator of the Year

[Contact Us!](#)

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