

Special Education Sex Education PD, Curricula, & Resources

Dear Educators,

I receive many requests for resources and curricula for sex education for students with special needs, so I have accumulated the following resource list. I hope this helps as you differentiate sex education to meet the needs of all your students.

Wendy L. Sellers, RN, MA, CSE, FASHA
Wendy.Sellers@PubertyCurriculum.com

~~~~~

### Professional Development:

- [Disabilities and Special Needs Package](#) by the Sex Ed Lecture Series: recorded professional development lectures specifically for educators who work with populations with special needs
- [Elevatus Training](#) offers training and curriculum
- [Sexual Education Across the Lifespan](#), by Autism Alliance of Michigan

### Curriculum:

- [Sexuality Education for People with Developmental Disabilities HSN](#), Elevatus Training
- [Positive Choices](#) by Oak Hill
- [Intimate Relationships and Sexual Health](#), A Curriculum for Teaching Adolescents/Adults with High-Functioning ASD and Other Social Challenges
- [Positive Prevention Plus for Special Education](#), adaptations for student needs
- [Sexuality Across the Lifespan](#): for Children and Adolescents with Developmental Disabilities
- [FLASH lesson plans for special education](#)
- [Circles](#), by Stanfield
- [Life Horizons](#), by Stanfield
- [Puberty: The Wonder Years](#) for grades 4, 5, and 6; adapt for special ed needs. Free sample lesson and preview requests
- [Michigan Model for Health](#) HIV lessons for Grades 4-5 for younger students, adapt
- [Safer Dating for Youth on the Autism Spectrum](#)
- [Teen Talk](#) Adapted for All Abilities by Health Connected
- [Making a Difference for Youth with Cognitive Impairments](#), for high school students with MiCI
- [You're in Charge](#) for delivery by one educator to one student with IDD.

### Resources:

- [Sex Education for People with I/DD](#), free video series from National Council on Independent Living
- [Terri Couwenhoven](#), special education sex educator: books for special needs kids, their parents, and educators
- [Planet Puberty](#), free resources and workshops for parents of kids with special needs
- [MarshMedia](#), Videos and booklets for special need students:
- ["Ellie and Tom" books](#) for ASD students from Kingsley Publishing
- [The Autism-Friendly Guide to Periods](#), by Robyn Steward
- [Center for Parent Information and Resources](#): Sexuality Education for Students with Disabilities