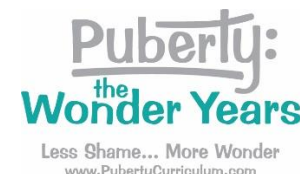


Vermont Required Topics Addressed by *Puberty: The Wonder Years*, 2021 edition



Vermont Required Topics*	<i>Puberty: The Wonder Years**</i>		
	Grade 4	Grade 5	Grade 6
(1) Body structure and function, including the physical, psychosocial, and psychological basis of human development, sexuality, and reproduction.	4-4 4-5 4-6	5-2 5-3 5-4 Add-On A-D	6-2 6-3 Add-On A-D
(4) Disease, such as HIV infection, other sexually transmitted diseases, as well as other communicable diseases, and the prevention of disease.	Add-On H	Add-On H	6-7 Add-On H
(5) Family health and mental health, including instruction that promotes the development of responsible personal behavior involving decision making about sexual activity, including abstinence...	4-1	5-1	6-1 6-6 6-10
(6) Personal health habits including dental health.	4-6	5-5	
(8) Human growth and development, including understanding the physical, emotional, and social elements of individual development and interpersonal relationships, including instruction in parenting methods and styles. This shall include information regarding the possible outcomes of premature sexual activity, contraceptives, adolescent pregnancy, childbirth, adoption, and abortion.	4-1 4-2	5-6	6-3 6-6 6-9 Add-On G
(11) How to recognize and prevent sexual abuse and sexual violence, including developmentally appropriate instruction about promoting healthy and respectful relationships, developing and maintaining effective communication with trusted adults, recognizing sexually offending behaviors, and gaining awareness of available school and community resources.	4-1 4-2 4-3 Add-On E & F	5-1 5-6 5-7 Add-On E & F	6-1 6-4 6-5 6-8 6-9 6-10 Add-On E & F

*Within Vermont's Comprehensive Health Education Law ([16 V.S.A § 131](#)), these topics must be taught.

** [Puberty: The Wonder Years](#) includes lessons for grades 4, 5, and /or 6, plus Add-On Lessons that may be added to meet school needs.