

Online Teacher Training Course Syllabus

2022 Edition

Puberty:
the
Wonder Years

Module

1

Navigation Overview [Optional]

Module Objectives

1. Navigate to each lesson within *Puberty: The Wonder Years* course.
2. Complete each assigned module.
3. Participate in each of the course forums.

Guiding Questions

- What are two ways to assess how much of the course you have completed?
- How can you find the resources you need to successfully complete each module?
- How can you exit the module and return to the main menu?
- How will you access the forums?
- How can you set up your profile for the course?

Module

2

Introduction to the Course

Course Goals

1. Be familiar with *Puberty: The Wonder Years*.
2. Develop the personal comfort and skills needed to teach puberty education.
3. Have fun!

Course Objectives

- Summarize the content, strategies, and organization of *Puberty: The Wonder Years*.
- Access the Online Teacher Resources.
- Practice setting ground rules, teaching student skills, answering questions, and conducting role plays.
- Describe the laws and boundaries that impact teaching puberty education.
- Create a plan to strengthen parent/family involvement.

Guiding Questions

- How will you use the Notetaking Map?
- How will the forums support your learning?

Module 3

Introduce Yourself to the Group

Module Objectives

1. Discuss important puberty education topics with colleagues at a professional level of comfort.
2. Communicate with other course participants via online posts and replies.

Guiding Questions

- How have your previous sex education experiences impacted your approach to teaching sex education?
- What strengths do you bring to teaching your students about puberty?
- What challenges do you anticipate?
- What do you hope to gain from this Online Teacher Training Course

Module 4

Introduction and Modeling of Ground Rules

Module Objectives

1. Identify discussion guidelines that contribute to a safer classroom climate conducive to addressing sensitive topics.
2. Practice implementing discussion guidelines while answering student questions about puberty.

Guiding Questions

- How do the Guidelines for Discussion help establish a safer classroom climate during puberty class?

Module 5

Digital Curriculum Overview

Module Objectives

1. Locate important information in the digital *Puberty: The Wonder Years* curriculum.
2. Implement puberty education lessons from *Puberty: The Wonder Years* using the digital curriculum guide and Online Teacher Resources (Materials).

Guiding Questions

- What is Wendy's goal in creating and disseminating *Puberty: The Wonder Years*?
- What features of *Puberty: The Wonder Years* will help you provide puberty education efficiently and effectively?
- What will you find in the digital curriculum guide and Online Teacher Resources (Materials)?

Module 6

Review Curriculum (Grade 4, 5, and/or 6)

Module Objectives

1. Explore the lessons in grade 4, 5, and/or 6 of *Puberty: The Wonder Years*.
2. Identify insights, questions, and any concerns they have about the *Puberty: The Wonder Years* lessons.
3. Discuss your observations with others who have explored the curriculum.

Guiding Questions

- Where will you find the Student Learning Objectives for your grade level?
- How can you get a free sample lesson from *Puberty: The Wonder Years*?
- What content is included in your grade level?
- As you review the curriculum, what do you like? What questions do you have? What concerns do you have?

Module 7

Online Teacher Resources (Materials) [Optional]

Module Objectives

1. Locate and obtain the digital *Puberty: The Wonder Years* curriculum guide and Online Teacher Resources provided on the website.
2. Identify the digital resources that correspond with each lesson in *Puberty: The Wonder Years*.

Guiding Questions

- How can you access the Online Teacher Resources?
- How are the Online Teacher Resources organized?
- How can you tell when the lesson uses an Online Teacher Resource?

Module 8

Website Navigation

Module Objectives

1. Locate the digital curriculum and Online Teacher Resources that are included with each subscription purchase of *Puberty: The Wonder Years*.
2. Identify additional website resources that support the implementation of *Puberty: The Wonder Years*.
3. Select and acquire optional companion materials to enhance curriculum implementation.

Guiding Questions

- What www.PubertyCurriculum.com resources are available to support your implementation of puberty education and *Puberty: The Wonder Years*?
- What Companion Materials are available for purchase to enhance implementation of *Puberty: The Wonder Years*?

Module 9

How to Teach Skills

Module Objectives

1. Discuss the importance of taking a positive approach to puberty education.
2. Implement the four steps in skills-based instruction when teaching puberty education.

Guiding Questions

- What reaction do you have to the “Why Teach Sex Education” quote from Elizabeth Canfield?
- What approaches increase the effectiveness of puberty instruction?
- What are some skills students need to have a positive puberty experience?

Module 10

Student Skill Development – Skill Modeling

Module Objectives

1. Practice a skills-based lesson as a student might experience it.
2. Identify the steps in skills-based instruction in the lesson activities.
3. Prepare to implement a lesson from *Puberty: The Wonder Years*.

Guiding Questions

- Where will you find the materials needed to complete this module?
- Why is it important to participate in the forum with this module?
- How will this skill help your students navigate puberty?

Module 11

Educator Skill Development: Facilitating Role Plays

Module Objectives

1. Use role-playing to teach refusal skills to students in the context of puberty education.
2. Develop a strategy for increasing students’ comfort level with role plays.
3. Implement a method of providing role play feedback to students.

Guiding Questions

- Why is teaching skills more effective than teaching facts for memorization?
- What is the relationship between role playing and learning skills?
- What tips for role playing would you like to try to increase comfort and success with role playing?

Module
12

Educator Skill Development: Answering Student Questions

Module Objectives

1. Identify and implement best practice strategies for answering student questions.
2. Describe possible school or agency boundaries for answering student questions related to puberty education.
3. Apply strategies that increase their comfort and competence while answering student questions during puberty education lessons.

Guiding Questions

- How does the use of a question box encourage students to ask questions and use critical thinking?
- What are some best practice strategies you use for answering student questions on any topic?
- Which new best practice strategies for answer questions during puberty education classes will you implement?
- What nonverbal cues are important in communicating that you are an ask-able adult?

Module
13

Educator Skill Development: Practice Answering Student Questions in the Context of Sex Education

Module Objectives

1. Apply the guidelines for discussion when answering student questions to promote a safer learning environment.
2. Develop correct and appropriate answers to student questions regarding puberty education.

Guiding Questions

- What is your school or agency's policy about answering student questions?
- What student questions do you want to practice answering?
- What guidance is available to help you answer student questions?

Module
14

Legal Eagle: Know Your State Laws and School Policies

Module Objectives

1. Identify laws that impact teaching sex education, including puberty education.
2. Implement puberty education that adheres to state laws and local education agency policies.

Guiding Questions

- What are your state's laws that impact teaching sex education?
- What school or agency policies and practices will guide your teaching of puberty education?
- What questions will you ask your school district/administration before teaching puberty education?

Module
15

Review State Law and Policy on Sex Education

Module Objectives

1. Describe the laws that pertain to sex education in public schools.
2. Avoid violating state laws that could result in penalties.

Guiding Questions

- What parent notification is required?
- What curriculum and resources are approved for your use in teaching puberty education?
- What is your district's or agency's policy on guest speakers in class?

Module
16

Partnering with Parents and Other Trusted Adults: Create a Plan

Module Objectives

1. Prepare to inform parents and guardians about Puberty: The Wonder Years and engage them in their students' learning.
2. Discuss the rationale for including family engagement activities and resources in the curriculum.
3. Develop a plan for informing and involving parents and guardians in their children's puberty education.

Guiding Questions

- What are some benefits of engaging parents, guardians, and other trusted adults in puberty education?
- What new ways to promote family engagement will you implement?

Module
17

Staying Connected

Module Objectives

1. Please provide feedback to assist us in providing the highest quality of professional development possible.

Guiding Questions

- What was the most valuable part of your participation in the Online Teacher Training Course?
- How will you stay connected to the *Puberty: The Wonder Years* community?