

# Correlation between CASEL's SEL Framework and *Puberty: The Wonder Years* 2021 edition<sup>1</sup>

## Overarching Goals of *Puberty: The Wonder Years*

Promoting appreciation and respect for the amazing changes experienced by self and others

Equipping young people to postpone sexual intercourse

SEL Framework <sup>2</sup>	Grade 4	Grade 5	Grade 6	Add-On Lessons
<b>Self-Awareness</b>	<ul style="list-style-type: none"> <li>Physical, emotional, and social changes during puberty</li> <li>Identifying and appreciating family</li> </ul>	<ul style="list-style-type: none"> <li>Patterns and diversity in development during puberty</li> <li>Signs of reproductive capacity</li> <li>Physical, emotional, and social changes during puberty</li> </ul>	<ul style="list-style-type: none"> <li>Role of hormones in puberty</li> <li>Physical, emotional, social, and cognitive changes during puberty</li> <li>Social-emotional competencies</li> <li>Racism and intersectionality</li> </ul>	<ul style="list-style-type: none"> <li>A: Heredity</li> <li>B: Inherited traits</li> </ul>
<b>Social Awareness</b>	<ul style="list-style-type: none"> <li>Respect for peers of all genders</li> <li>Respect for all types of families</li> </ul>	<ul style="list-style-type: none"> <li>Social changes during puberty</li> <li>Respect for peers of all developmental stages</li> <li>Responses to violation of boundaries and consent</li> </ul>	<ul style="list-style-type: none"> <li>Variations in development</li> <li>Ways to communicate and honor boundaries</li> <li>Impact of media on sexual health</li> <li>Racism and intersectionality</li> </ul>	<ul style="list-style-type: none"> <li>C: Fetal development</li> <li>D: Animal and human families</li> <li>E: Gender identity and sexual orientation</li> </ul>

<sup>1</sup> [Puberty: The Wonder Years, 2021 ed](#)

<sup>2</sup> [CASEL's SEL Framework](#)

<b>Self-Management</b>	<ul style="list-style-type: none"> <li>• Emotions and discussions about puberty</li> <li>• Group guidelines for positive classroom climate</li> <li>• Personal hygiene during puberty</li> </ul>	<ul style="list-style-type: none"> <li>• Emotions and discussions about puberty</li> <li>• Group guidelines for positive classroom climate</li> <li>• Personal hygiene and healthy habits for puberty</li> <li>• Consent, boundaries, bodily autonomy</li> <li>• Responses to violation of boundaries</li> </ul>	<ul style="list-style-type: none"> <li>• Emotions and discussions about puberty</li> <li>• Group guidelines for positive classroom climate</li> <li>• Elements of consent</li> <li>• Ways to communicate and honor boundaries</li> </ul>	<ul style="list-style-type: none"> <li>• F: Bodily autonomy and consent</li> </ul>
<b>Relationship Skills</b>	<ul style="list-style-type: none"> <li>• Conversations with parents and other trusted adults</li> <li>• Respect and appreciation for variety of families and trusted adults</li> <li>• Respectful communication with peers</li> </ul>	<ul style="list-style-type: none"> <li>• Conversations with parents and other trusted adults</li> <li>• Respectful communication with all peers</li> </ul>	<ul style="list-style-type: none"> <li>• Conversations with parents and other trusted adults</li> <li>• Characteristics of healthy relationships</li> <li>• Friendships and romantic relationships</li> <li>• Responses to violation of boundaries</li> <li>• Refusal and reporting skills</li> </ul>	<ul style="list-style-type: none"> <li>• F: Bodily autonomy and consent, Safe and nurturing touch</li> </ul>
<b>Responsible Decision-Making</b>	<ul style="list-style-type: none"> <li>• Respect for all types of families</li> <li>• Respect for peers of all genders</li> </ul>	<ul style="list-style-type: none"> <li>• Benefits of delaying close sexual contact</li> </ul>	<ul style="list-style-type: none"> <li>• Accurate sources of information about puberty</li> <li>• Responses to interpersonal and sexual violence</li> <li>• Decisions related to abstinence, sexual intercourse, and reproduction</li> <li>• Prevent, test, treat STIs</li> <li>• Plan for future sexual health</li> </ul>	<ul style="list-style-type: none"> <li>• E: Reliable sources of information about gender and sexual orientation</li> <li>• F: Strategies to use in situations involving unwelcome touch</li> </ul>

For more details, read:

- [Synopsis of Puberty: The Wonder Years](#)
- [CASEL's SEL Framework for Social-Emotional Learning](#)