



Video Selection Checklist

Directions:

1. Please refer to the "Video and Materials List" online at www.PubertyCurriculum.com for video descriptions and sources.
2. Preview the videos. Most video producers will allow you a free online preview if you contact them.
3. Mark the videos selected for use on the chart below.
4. Order selected videos from the producer if you select videos that are not free.

Grade 4		<ul style="list-style-type: none"> • Lesson 4 utilizes a video on the male reproductive system. • Lesson 5 utilizes a video on the female reproductive system.
Lessons	Video Options	Video Selected
4 & 5 Select one about the male reproductive system and one for the female reproductive system OR one for both.	<i>Always Changing Puberty Program</i> (free, online, branded)	
	Howcast videos (free, online)	
	<i>Just Around the Corner for Boys</i> (DVD, flash, streamed)	
	<i>Just Around the Corner for Girls</i> (DVD, flash, streamed)	
	<i>Meet the New You! for Boys</i> (DVD, flash, streamed)	
	<i>Meet the New You! for Girls</i> (DVD, flash, streamed)	
	<i>Puberty: A Boy's Journey</i> (DVD, flash, streamed)	
	<i>Puberty: A Girl's Journey</i> (DVD, flash, streamed)	
	<i>Puberty for Boys: Top Ten Things to Expect</i> (free, online)	
	<i>Puberty for Girls: Top Ten Things to Expect</i> (free, online)	
	<i>We're Just Around the Corner</i> (DVD, streamed)	



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Grade 5		<ul style="list-style-type: none"> • Lesson 2 utilizes a video on the male reproductive system. • Lesson 3 utilizes a video on the female reproductive system.
Lessons	Video Options	Video Selected
2 & 3 Select one about the male reproductive system and one for the female reproductive system OR one for both.	Amaze videos (free, online)	
	<i>Growing Up for Boys</i> (DVD, streamed)	
	<i>Growing Up for Girls</i> (DVD, streamed)	
	Howcast videos (free, online)	
	<i>Puberty A Boy's Journey</i> (DVD, flash, streamed)	
	<i>Puberty A Girl's Journey</i> (DVD, flash, streamed)	
	<i>Puberty and You</i> (free, online)	
	<i>You, Your Body, and Puberty</i> (DVD, streamed)	



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Grade 6		• Lesson 2 utilizes a video on the human reproductive system.
Lesson	Video Options	Video Selected
3 Select one about the reproductive system.	Amaze videos (free, online)	
	<i>Highs, Lows, and In-Betweens of Puberty</i> (DVD, streamed)	
	<i>Puberty and You</i> (free, online)	
	<i>Puberty: The Great Adventure for Guys and Girls, 7th edition</i> (DVD, download)	
	Straight Talk About Puberty for Boys (DVD, flash, streamed)	
	<i>Straight Talk About Puberty for Girls</i> (DVD, flash, streamed)	
	<i>We're Growing Up</i> (DVD, flash, streamed)	