



2015-17

Puberty: The Wonder Years 2015-17 Changed to Puberty: The Wonder Years 2021



2021

OLD 2015-17		NEW 2021	Notes
Grade 4: <ul style="list-style-type: none"> Lesson 4-1 Lesson 4-2 Lesson 4-3 (Reproduction changed to Add-On Lesson D) Lesson 4-4 Lesson 4-5 Lesson 4-6 	Became	Grade 4: Outline – English or Spanish <ul style="list-style-type: none"> Lesson 4-1 Lesson 4-2 Lesson 4-3 (New lesson about gender) Grade 4-4 Lesson 4-5 Lesson 4-6 	<ul style="list-style-type: none"> Gender identity is formed by age three and is in the National Sex Education Standards¹ for grades K-2, so a lesson has been added.
Grade 5: <ul style="list-style-type: none"> Lesson 5-1 Lesson 5-2 Lesson 5-3 Lesson 5-4 Lesson 5-5 Lesson 5-6 Lesson 5-7 (Media literacy moved to grade 6, Lesson 6-9) 	Became	Grade 5: Outline – English or Spanish <ul style="list-style-type: none"> Lesson 5-1 Lesson 5-2 Lesson 5-3 Lesson 5-4 Lesson 5-5 Lesson 5-6 Lesson 5-7 (New lesson on consent) 	<ul style="list-style-type: none"> Media literacy is in the National Sex Education Standards at grades 6-8, not grades 3-5.
Grade 6: <ul style="list-style-type: none"> Lesson 6-1 Lesson 6-2 (Changed to Add-On Lesson C) Lesson 6-3 Lesson 6-4 Lesson 6-5 Lesson 6-6 Lesson 6-7 	Became	Grade 6: Outline – English or Spanish <ul style="list-style-type: none"> Lesson 6-1 Lesson 6-2 (Was Lesson 6-3) Lesson 6-3 (Expands Lesson 6-3 to social, emotional, cognitive changes) Lesson 6-4 Lesson 6-5 Lesson 6-6 Lesson 6-7 (New HIV and STI lesson) Lesson 6-8 (Was Lesson 6-C) Lesson 6-9 (Was Lesson 5-7 and Lesson 6-D) Lesson 6-10 (New lesson on advocating for sexual health) 	<ul style="list-style-type: none"> Interpersonal and sexual violence prevention is emphasized beginning in grades 6-8 in the National Sex Education Standards 2020. HIV and STI prevention lessons requested by schools

¹ National Sex Education Standards, 2nd edition, <http://www.advocatesforyouth.org/media/future-of-sex-education-national-sex-education-standards-second-edition/>

<p>Optional Lessons: For grade 6</p> <ul style="list-style-type: none"> • Optional Lesson A • Optional Lesson B • Optional Lesson C (Changed to Lesson 6-8) • Optional Lesson D (Changed to Lesson 6-9 and G) 	<p>Add-On Lessons: Objectives—English or Spanish</p> <ul style="list-style-type: none"> • Add-On Lesson A (genetics) • Add-On Lesson B (heredity) • Add-On Lesson C (Was Lesson 6-2, fetal development) • Add-On Lesson D (Was Lesson 4-3, reproduction) • Add-On Lesson E (New lesson on sexual orientation) • Add-On Lesson F (New lesson on safe and nurturing touch) • Add-On Lesson G (preventing STIs and pregnancy) 	<ul style="list-style-type: none"> • Add-On Lessons may be used at grade 4, 5, or 6 to meet state standards and local needs.
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All Grades:

- Lessons are modified based on feedback from educators in the field.
- Digital curriculum can be taught virtually or face-to-face.
- Additional teacher supports and guidance are included to make it easier to teach the lessons.
- Lessons are closely aligned to the National Sex Education Standards, 2nd edition, 2020.
- Trauma-informed approach is applied.
- Judgmental language has been eliminated.
- Inclusive language has been integrated.
- Biological terms are used rather than gendered terms when discussing anatomy and behavior.
- Consent is emphasized across all grades.
- Additional inclusive examples have been provided.
- All student and family resources are in English and Spanish.

For additional information and slide presentations, visit [About the Curriculum](#).