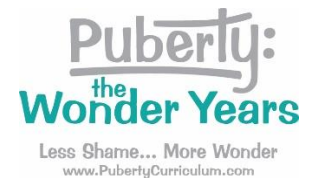


# California Healthy Youth Act and *Puberty: The Wonder Years, 2021 edition*



## Instruction and Content Requirements in Grades K-12

As in grades 7-12, all sexual health and HIV prevention instruction in grades K-6 must:

CHYA Requirements:	Puberty: The Wonder Years includes:
<ul style="list-style-type: none"> <li>• Be age-appropriate, medically accurate, and objective;</li> <li>• Align with and support the purposes of the California Healthy Youth Act;</li> <li>• Be appropriate for use with pupils of all races, genders, sexual orientations, ethnic and cultural backgrounds;</li> </ul>	<p>Curriculum meets this requirement: all lessons</p> <p>Curriculum meets this requirement: all lessons</p>
<ul style="list-style-type: none"> <li>• Be appropriate for and equally available to English language learners;</li> <li>• Be appropriate for and accessible to pupils with disabilities;</li> </ul>	<p>While no one curriculum is appropriate for all pupils, it is inclusive and can be modified to meet community needs.</p> <p>Student and family materials are in English and Spanish.</p> <p>While this curriculum is not developed specifically for special needs students, it can be adapted and modified to meet individual needs.</p>
<ul style="list-style-type: none"> <li>• Affirmatively recognize different sexual orientations and be inclusive of same-sex relationships in discussions and examples;</li> <li>• Teach about gender, gender expression, gender identity, and the harm of negative gender stereotypes;</li> <li>• Encourage students to communicate with their parents/guardians and other trusted adults about human sexuality, and provide skills for doing so;</li> <li>• Teach respect and skills for committed relationships such as marriage;</li> </ul>	<p>Curriculum meets this requirement: all lessons, and directly taught in 6-4, 6-6, 6-10, Add-On E</p>
<ul style="list-style-type: none"> <li>• Provide knowledge and skills for forming healthy relationships that are free from violence, coercion, and intimidation;</li> </ul>	<p>Curriculum meets this requirement: all lessons, and directly taught in 4-3, 6-4, 6-6, 6-10, Add-On E</p> <p>Curriculum meets this requirement: all lessons, and directly taught in 4-1, 5-1, 6-1, 6-9</p>
<ul style="list-style-type: none"> <li>• Provide knowledge and skills for making healthy decisions about sexuality;</li> </ul>	<p>Curriculum meets this requirement: all lessons, and directly taught in 4-2, 5-7, 6-4, 6-6</p> <p>Curriculum meets this requirement: all lessons, and directly taught in 4-3, 5-7, 6-4, 6-5, 6-6, 6-8, Add-On F</p>
<ul style="list-style-type: none"> <li>• Be free of religious doctrine;</li> <li>• Be free of bias based on actual or perceived disability, gender, gender identity, gender expression, race or ethnicity, nationality, religion, or sexual orientation, or any other category protected by the non-discrimination policy codified in Education Code § 220.</li> </ul>	<p>Curriculum meets this requirement: all lessons, and directly taught in 4-6, 5-5, 5-7, 6-4, 6-6, 6-10</p> <p>Curriculum meets this requirement: all lessons</p> <p>Curriculum meets this requirement: all lessons</p>

## Additional Content that May Be Taught in K-6

In K-6, schools may teach, in an age-appropriate way, content required in grades 7-12, including:

CHYA Allowed:	Puberty: The Wonder Years includes:
<ul style="list-style-type: none"> <li>Information about HIV and other sexually transmitted infections (STIs), including transmission, FDA approved methods to prevent HIV and STIs, and treatment;</li> <li>Information that abstinence is the only certain way to prevent unintended pregnancy and HIV and other STIs, and information about value of delaying sexual activity while also providing information on other methods of prevention;</li> <li>Discussion about social views of HIV and AIDS;</li> <li>Information about accessing resources for sexual and reproductive health care;</li> <li>Information about pregnancy, including FDA-approved prevention methods, pregnancy outcomes, prenatal care, and the newborn safe surrender law;</li> <li>Information about sexual harassment, sexual assault, sexual abuse, human trafficking, and other threats to healthy relationships and reproductive health.</li> </ul>	<p>Lesson 6-7 teaches about HIV and other STIs</p> <p>Abstinence message is framed as “waiting” or “delaying sex” throughout.</p> <p>Add-On Lesson G teaches how to prevent unintended pregnancy and STIs.</p> <p>--</p> <p>Lesson 6-9 focuses on accessing accurate sources of information about sexual health care.</p> <p>Lesson 5-4 discusses ways pregnancy can occur. Add-On Lesson G identifies pregnancy prevention methods.</p> <p>Lessons 4-3, 5-7, 6-4, 6-5, 6-6, 6-8, Add-On F define and teach how to prevent and respond to violent relationship and sexual situations.</p>

## Parental Notification and Consent Requirements for K-6

CHYA Parental Notification and Consent:	Puberty: The Wonder Years includes:
<ul style="list-style-type: none"> <li>In all grades, K-12, districts must notify parents of the instruction and provide them with an opportunity to view the curriculum and other instructional materials. The school district must also inform parents/guardians whether the instruction will be provided by district personnel or outside consultants. If instruction will be provided by outside consultants, the notice must include the name and organizational affiliation of the outside consultant and the date of the instruction. The notice must also inform parents/guardians of their right to request copies of Education Code §§ 51933, 51934, and 51938.</li> <li>In all grades, K-12, parents give passive consent for sexual health education instruction, meaning students receive instruction unless parents “opt-out” via a written request. Districts may not require active consent (“opt-in”) by requiring that students return a permission slip in order to receive the instruction; this applies to all grades, including K-6.</li> <li>Parents must be notified of any planned surveys or questionnaires, and, in grades K-6, parents must give active consent (“opt-in”) for their child to participate in the survey or questionnaire. This is different than in grades 7-12, where parents must give passive consent for participation in surveys and questionnaires.</li> </ul>	<p>Parent notification letters and curriculum outline provided at each grade level.</p> <p>Letter and outline are in English and Spanish.</p> <p>Letters may be modified to include:</p> <ol style="list-style-type: none"> <li>curriculum preview arrangements,</li> <li>information about instructors, and</li> <li>how to get copies of Education Code.</li> </ol> <p>Parent passive consent form provided at each grade level.</p> <p>Available in English and Spanish.</p> <p>No surveys or questionnaires are included in the curriculum.</p>