

Puberty: The Wonder Years, Grade 5, 2021 Edition Addresses National Sex Education Standards for Grades 3-5		
NSES Indicator	NSES Content*	PWY Lesson #
PD.5.AI.1	Identify credible sources of information about puberty and personal hygiene	5-1, 5-2, 5-3, 5-4
GI.5.AI.1	Identify trusted adults, including parents and caregivers, whom students can ask questions about gender, gender-role stereotypes, gender identity, and gender expression	5-1
AP.5.CC.1	Recall the human reproductive systems, including the external and internal body parts and their functions, and that there are natural variations in human bodies	5-2, 5-3
PD.5.CC.1	Explain the physical, social, and emotional changes that occur during puberty and adolescence and how the onset and progression of puberty can vary	5-2, 5-3
PD.5.CC.2	Describe how puberty prepares human bodies for the potential to reproduce and that some healthy people have conditions that impact the ability to reproduce	5-4, C
SH.5.CC.1	Explain the relationship between sexual intercourse and human reproduction	5-4
SH.5.CC.2	Explain the range of ways pregnancy can occur (e.g., IVF, surrogacy)	5-4
SH.5.CC.3	Define STDs, including HIV, and clarify common myths about transmission	5-4
PD.5.AI.2	Identify trusted adults, including parents, caregivers, and health care professionals, whom students can ask questions about puberty and adolescent health	5-5
PD.5.GS.1	Make a plan for maintaining personal hygiene during puberty	5-5
PD.5.CC.4	Describe the role hormones play in the physical, social, cognitive, and emotional changes during adolescence and the potential role of hormone blockers on young people who identify as transgender	5-6
CHR.5.IC.1	Communicate personal boundaries and demonstrate ways to respect other people's personal boundaries	5-6
PD.5.CC.3	Explain common human sexual development and the role of hormones (e.g., romantic and sexual feelings, masturbation, mood swings, timing of pubertal onset)	5-6
PD.5.CC.4	Describe the role hormones play in the physical, social, cognitive, and emotional changes during adolescence and the potential role of hormone blockers on young people who identify as transgender	5-6
CHR.5.CC.2	Explain the relationship between consent, personal boundaries, and bodily autonomy	5-7, F
IV.5.CC.1	Define child sexual abuse, sexual harassment, and domestic violence and explain why they are harmful and their potential impacts**	5-7, F
IV.5.IC.1	Identify strategies a person could use to call attention to or leave an uncomfortable or dangerous situation, including sexual harassment	5-7, F
IV.5.SM.1	Describe steps a person can take when they are being or have been sexually abused	5-7, F

* National Sex Education Standards, 2nd ed, <https://pubertycurriculum.com/wp-content/uploads/2021/10/NSES-2020.pdf>

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