

Puberty: The Wonder Years, Grade 4, 2021 Edition Addresses National Sex Education Standards for Grades 3-5		
NSES Indicator	NSES Content*	PWY Lesson #
CHR.5.AI.1	Identify trusted adults, including parents and caregivers, that students can talk to about relationships	4-1
PD.5.AI.2	Identify trusted adults, including parents, caregivers, and health care professionals, whom students can ask questions about puberty and adolescent health	4-1, 4-4, 4-5
CHR.5.CC.1	Describe the characteristics of healthy versus unhealthy relationships among friends and with family members	4-2
IV.5.ADV.1	Demonstrate ways to promote dignity and respect for all people (e.g., race, ethnicity, socio-economic status, differing abilities, immigration status, family configuration)	4-2, D
GI.5.CC.4	Describe gender-role stereotypes and their potential impact on self and others	4-2
GI.5.ADV.1	Demonstrate ways to promote dignity and respect for people of all genders, gender expressions, and gender identities, including other students, their family members, and members of the school community	4-2
GI.5.AI.1	Identify trusted adults, including parents and caregivers, whom students can ask questions about gender, gender-role stereotypes, gender identity, and gender expression	4-2
GI.5.CC.1	Distinguish between sex assigned at birth and gender identity and explain how they may or may not differ	4-3
GI.5.CC.2	Define and explain differences between cisgender, transgender, gender nonbinary, gender expansive, and gender identity	4-3
GI.5.CC.3	Explain that gender expression and gender identity exist along a spectrum	4-3
AP.5.CC.1	Recall the human reproductive systems, including the external and internal body parts and their functions, and that there are natural variations in human bodies	4-4, 4-5
PD.5.CC.1	Explain the physical, social, and emotional changes that occur during puberty and adolescence and how the onset and progression of puberty can vary	4-4, 4-5
PD.5.GS.1	Make a plan for maintaining personal hygiene during puberty	4-6

* National Sex Education Standards, 2nd ed, <https://pubertycurriculum.com/wp-content/uploads/2021/10/NSES-2020.pdf>