



Frequently Asked Questions

About *Puberty: The Wonder Years*

- Q:** How is *Puberty: The Wonder Years*, 2021 edition different from the previous versions?
- A:** Teachers asked, and we listened. The revised curriculum includes many features requested by educators, including current topics, digital tools for teaching virtually or in-person, and more supports for teachers and parents. For a detailed comparison, read [“What is new in the 2021 edition of *Puberty: The Wonder Years*.”](#)
- Q:** How is *Puberty: The Wonder Years* different than other puberty curricula?
- A:** *Puberty: The Wonder Years* is unique among puberty curricula for grades 4, 5, and 6 because it:
- Provides developmentally appropriate, comprehensive, and sequential lessons: Over the course of three years, it lays a solid foundation of knowledge and skills so that students are prepared for the evidence-based programs that are available in middle and high school.
 - Develops student skills: It goes beyond merely teaching the reproductive anatomy and physiology to include skill development that equips students to behave in healthy ways.
 - Engages families: Parents and other family members are involved in the learning through homework assignments and Family Partnership Flyers that encourage home discussions. Family resources are available in English and Spanish.
- Q:** What topics are included in each grade level?
- A:** The [synopsis](#) of *Puberty: The Wonder Years* 2021 edition describes the topics addressed at each grade.
- Q:** Is *Puberty: The Wonder Years*, 2021 edition a digital curriculum?
- A:** Yes. The curriculum guide and the Online Teacher Resources are all digital. They include lessons, student worksheets, family engagement resources, slides, and more.

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- Q:** How many lessons are included? How long is each lesson?
- A:** Grade 4 contains six, 45-minute lessons. Grade 5 includes seven, 50-minute lessons. Grade 6 includes ten, 50-minute lessons. Optional Add-On Lessons on additional topics may be purchased individually as desired to expand the instruction.
- Q:** Does each curriculum guide build on the previous guide, or can they be used independently?
- A:** Each curriculum guide may be implemented independent of the others. However, the curriculum is designed to be sequential, with some information and skills being repeated in a new way at each grade, and other information and skills being unique to each grade.
- Q:** How do teachers access the digital curriculum and Online Teacher Resources for *Puberty: The Wonder Years* 2021 edition?
- A:** With each subscription to *Puberty: The Wonder Years*, login credentials are provided. The curriculum and Online Teacher Resources are available through a secure, password-protected site.
- Q:** What's included in the price?
- A:** *Puberty: The Wonder Years* is available as a one-year, three-year, or five-year subscription. It includes the digital curriculum guide with teacher-friendly lessons. It also includes exclusive access to Online Teacher Resources: colorful and fully animated slides, student activity sheets and answer keys, colorful family activity sheets and family partnership flyers in English and Spanish, and teacher reference information. In addition, the subscription includes a social media toolkit, parent presentation slides, newsletter articles, and ongoing updates.

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- Q:** What is not included in the price?
- A:** Videos must be acquired separately from the curriculum guides. A recommended [Video and Materials List](#) and a [Video Selection Checklist](#) are provided. Optional [companion materials](#) are available for an additional cost:
- Add-On Lessons
 - Student pre- and post-surveys for grades 4, 5, and 6
- See [How to Order](#) for information about purchasing the *Puberty: The Wonder Years* resources.
- Q:** Can videos be accessed digitally?
- A:** Yes, the video producers offer that option. Schools can contact the producers to arrange it. The [Video and Materials List](#) gives contact information.
- Q:** Is professional development available? Is online professional development available?
- A:** [Professional development](#) is available in two formats: 1) Face-to-face training may be arranged by contacting the author of *Puberty: The Wonder Years* once the pandemic ends. 2) The self-paced [Online Training Course](#) is available 24/7. Educator training is recommended, but not required, for effective implementation of the curriculum.
- Q:** Does *Puberty: The Wonder Years* include student assessment?
- A:** Authentic student assessment is included in *Puberty: The Wonder Years* at each grade. Rubrics are provided to assess student skill acquisition. Suggestions for projects are provided for additional assessment opportunities. Student activity sheets may be used for grading as desired. [Student pre- and post-surveys](#) may be purchased separately.

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Q: Is *Puberty: The Wonder Years* evidenced-based? Has it been evaluated?

A: *Puberty: The Wonder Years* is evidenced-informed and research-based, but it has not yet had the benefit of the type of evaluation needed to prove it is evidence-based. However, two types of evaluations have been conducted to date:

- Student pre- and post-survey results have demonstrated significant improvements in student knowledge, attitudes, and skills. Students are also significantly more likely to have talked with their parents or other trusted adults as a result of their participation in the lessons compared to prior to the lessons.
- Teacher survey results indicated that the vast majority of observing classroom teachers agreed or strongly agreed with these statements regarding *Puberty: The Wonder Years*:
 - Lessons were age appropriate (89%)
 - Content was necessary for this age group (93%)
 - Students learned about puberty (93%)
 - Students benefitted from the lessons (86%)

Read the most recent [evaluation results](#).

Q: I already use *Puberty: The Wonder Years*. Can I continue using it?

A: If you are using the legacy edition of *Puberty: The Wonder Years* with a copyright date between 2015 and 2017, you can still access your Online Teacher Resources on the website through June 30, 2022. At that time, support for the legacy curriculum will end. Please read [“Directions to access the Online Teacher Resources for Puberty: The Wonder Years legacy edition \(2015-2017\).”](#)

Less Shame... More Wonder

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