

Puberty: The Wonder Years, Add-On Lessons, 2021 Edition Addresses National Sex Education Standards for Grades 3-8

NSES Indicator	NSES Content*	PWY Add-On Lesson
	none	А
	none	В
PD.5.CC.2	Describe how puberty prepares human bodies for the potential to reproduce and that some healthy people have conditions that impact the ability to reproduce	С
	none	D
SO.5.CC.1	Define sexual orientation	E
SO.5.CC.2	Differentiate between sexual orientation and gender identity	E
SO.5.AI.1	Identify trusted adults, including parents and caregivers, whom students can ask questions about sexual orientation	E
SO.5.ADV.1	Demonstrate ways to promote dignity and respect for people of all sexual orientations, including other students, their family members, and members of the school community	E
SO.8.CC.1	Recall the definition of sexual orientation and explain that most people have a sexual orientation	E
SO.8.AI.1	Access credible sources of information about sexual orientation	E
CHR.5.IC.1	Communicate personal boundaries and demonstrate ways to respect other people's personal boundaries	F
IV.5.CC.1	Define child sexual abuse, sexual harassment, and domestic violence and explain why they are harmful and their potential impacts**	F
IV.5.IC.1	Identify strategies a person could use to call attention to or leave an uncomfortable or dangerous situation, including sexual harassment	F
IV.5.IC.2	Explain that some survivors are not believed when they disclose sexual abuse or harassment and that it is important to keep telling trusted adults until one of the adults takes action	F
IV.5.SM.1	Describe steps a person can take when they are being or have been sexually abused	F
CHR.8.CC.2	Describe how power differences, such as age, gender, socio-economic status, immigration status, race, or unequal position (e.g. student/teacher, supervisor/employee) may impact relationships	F
CHR.8.INF.3	Identify factors (e.g., body image, self-esteem, alcohol and other substances) that can affect the ability to give or perceive consent to sexual activity ^{**}	F
IV.8.CC.2	Explain why a person who has been sexually harassed, abused, or assaulted, or has been a victim of incest, rape, domestic violence, or dating violence is never to blame for the actions of the perpetrator**	F



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NSES Indicator	NSES Content*	PWY Add-On Lesson
SH.8.CC.2	Explain there are many methods of short- and long-term contraception that are safe and effective and describe how to access them	G
SH.8.CC.3	List at least four methods of contraception that are available without a prescription (e.g., abstinence, condoms, emergency contraception, withdrawal)	G
SH.8.SM.1	Describe the steps to using barrier methods correctly (e.g., external and internal condoms, dental dams)	G
SH.8.GS.1	Develop a plan to eliminate or reduce risk of unintended pregnancy and STDs, including HIV	G

* National Sex Education Standards, 2nd ed, <u>https://pubertycurriculum.com/wp-content/uploads/2021/10/NSES-2020.pdf</u>

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