

Process for Adopting *Puberty: The Wonder Years* in Schools



This roadmap will help schools navigate the process of starting or revitalizing their puberty education program by adopting *Puberty: The Wonder Years* for grades 4, 5, and 6. It defines the key steps in the process of curriculum adoption. The curriculum adoption process will vary from state to state and school to school; therefore, this template can be revised and adapted to fit. Be sure to include steps that are specific to your own state laws and school policies.

Task	Not Started	In Progress	Completed	Next Steps	Person(s) Responsible
Gather Leaders and Information					
Identify relevant state laws and school policies related to teaching sex education and puberty education.					
Gather information about <i>Puberty: The Wonder Years</i> to share with stakeholders, such as the brochure , synopsis , presentation slides, evaluation results , sample lesson , etc.					
Assess the school board's goals and level of support for teaching puberty education.					
Identify a chairperson for the puberty education curriculum adoption committee (PECAC).					
Establish leadership roles and responsibilities for the chairperson and administration.					
Define the expectations for PECAC members, such as term of service; frequency, timing, and length of meetings; and anticipated time commitment.					
Identify the roles and recruit the people needed to serve on the PECAC, such as educators, students, parents, medical personnel, clergy, etc.					
Set the first PECAC meeting date, time, and location.					

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Lay Groundwork for the Puberty Education Curriculum Adoption Committee's Work					
<p>At the first meeting, lay groundwork for effective process.</p> <ul style="list-style-type: none"> Establish mutually agreed-upon ground rules. Establish a foundation of respect for the unique contributions of each team member. Develop a goal statement for the PECAC work. 					
Adopt a decision-making model.					
Review the legal and policy requirements, if any, for the PECAC.					
Identify the major tasks and timelines for the PECAC's work.					
Establish the importance of puberty education, how it can improve school success, and reasons schools need to be involved in puberty education.					
Analyze relevant national , state , and local data pertaining to health and educational outcomes.					
Discuss a framework for selecting curricula that address student needs, parent support, laws, and research and best practice.					
<p>Identify desired exit knowledge and skills for students at each grade level, using the following as guides:</p> <ul style="list-style-type: none"> State standards for health education State laws for required educational content, such as child abuse prevention, equity and inclusion, etc. National Sexuality Education Standards (NSES), 2nd ed. 					
Conduct a survey of parents to identify topics they want covered at each grade level.					

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Review and Recommend Curriculum					
Conduct a scan of existing puberty education policies, curricula, and teaching staff.					
Identify gaps and needs for more effective instruction.					
Request preview copies of <i>Puberty: The Wonder Years</i> for the PECAC members.					
Identify any ancillary materials and methods needed to implement the lessons, such as videos , Add-On Lessons , etc.					
Decide what curriculum assessments within the curriculum and Pre- and Post-Tests will be used to measure attainment of program goals and objectives.					
Hold public hearings and obtain school board approval for selected curricula and/or ancillary materials and methods.					
Develop Additional Guidelines and Procedures					
<p>Develop written guidance for teachers.</p> <ul style="list-style-type: none"> • Responding to student questions and including sample age-appropriate responses • Teaching lessons in coed or gender-segregated classes • Identifying and working with guest speakers • Making referrals to outside agencies and/or people • Dealing with student disclosures • Addressing or responding to potentially controversial issues • Completing implementation logs and/or teacher survey • Evaluating puberty education outcomes 					

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Develop parent notification procedures and prepare necessary materials. <ul style="list-style-type: none"> Notify parents about the content of instruction and their rights to review materials and excuse their child. Develop procedures for parent review of materials and tracking of parental opt out choices. 					
Prepare Teaching Staff					
Acquire needed teacher materials , such as videos and copies of student worksheets and family resources.					
Identify properly endorsed and/or certified teaching staff.					
Determine class schedules.					
Provide professional development to prepare teachers. <ul style="list-style-type: none"> Face-to-face training Online training course 					
Review and Sustain Program					
At least once every two years, evaluate, measure, and report the attainment of puberty education program goals and objectives and make the report available to parents.					
Review the puberty education program outcomes and make necessary changes to streamline processes and improve outcomes.					

For additional resources, review the [Sexual Health Education Guide Template](#).