

## Assessment Rubric for Skill Development: Communicating With an Adult About Puberty

Modify Activity 2: Ask the students to write out a script and perform a skit demonstrating how to communicate with a parent, caregiver, or other trusted adult about puberty. The following holistic rubric can be used to assess student skill development as pairs of students demonstrate how to communicate with a trusted adult about puberty.

Elements of the lesson:

- Recognize trusted adults have experienced puberty in the past.
- Name one way to make it easier to talk to a trusted adult about puberty.
- Think of two trusted and respected adults.
- Suggest a time or place to talk, or describe a way to begin the discussion.

<p><b>1</b> <b>No</b></p>	<ul style="list-style-type: none"> <li>• Students do not recognize trusted adults have experienced puberty in the past.</li> <li>• Students do not name one way to make it easier to talk to a trusted adult about puberty.</li> <li>• Students do not think of a trusted and respected adult.</li> <li>• Students suggest a time or place to talk, OR describe a way to begin the discussion</li> </ul>
<p><b>2,</b> <b>Yes, but</b></p>	<ul style="list-style-type: none"> <li>• Students do not recognize trusted adults have experienced puberty in the past.</li> <li>• Students name one way to make it easier to talk to a adult about puberty.</li> <li>• Students think of one trusted and respected adult.</li> <li>• Students suggest a time OR place to talk, or describe a way to begin the discussion.</li> </ul>
<p><b>3,</b> <b>Yes</b></p>	<ul style="list-style-type: none"> <li>• Students recognize trusted adults have experienced puberty in the past.</li> <li>• Students name one way to make it easier to talk to a trusted adult about puberty.</li> <li>• Students think of two trusted and respected adults.</li> <li>• Students suggest a time OR place to talk, or describe a way to begin the discussion.</li> </ul>
<p><b>4</b> <b>Yes, and</b></p>	<ul style="list-style-type: none"> <li>• Students recognize trusted adults have experienced puberty in the past.</li> <li>• Students name two ways to make it easier to talk to a trusted adult about puberty.</li> <li>• Students think of two or more trusted and respected adults.</li> <li>• Students suggest a time or place to talk, AND describe a way to begin the discussion.</li> </ul>
<p><b>Comments</b></p>	