



Frequently Asked Questions

About *Puberty: The Wonder Years*

- Q:** Is *Puberty: The Wonder Years* a digital curriculum?
- A:** Yes and no. The Online Teacher Resources are all digital. They include the student worksheets, family engagement resources, slides, and more. The *Puberty: The Wonder Years* curriculum guides that contain the lessons are hard copy. The International version of the curriculum is a watermarked PDF for use outside the U.S.
- Q:** Can videos be accessed digitally?
- A:** The video producers do offer that option, but schools need to contact them to arrange it. The [Video List](#) gives contact information.
- Q:** How is *Puberty: The Wonder Years* different than other puberty curricula?
- A:** *Puberty: The Wonder Years* is unique among puberty curricula for grades 4, 5, and 6 because it:
- Provides comprehensive and sequential lessons: Over the course of three years, it lays a solid foundation of knowledge and skills so that students are prepared for the evidence-based programs that are available in middle and high school.
 - Develops student skills: It goes beyond merely teaching the reproductive anatomy and physiology to include skill development that equips students to behave in healthy ways.
 - Engages families: Parents and other family members are involved in the learning through homework assignments and Family Partnership Flyers that encourage home discussions.
- Q:** What topics are included in each grade level?
- A:** The [synopsis](#) of *Puberty: The Wonder Years* describes the topics addressed at each grade.

Puberty: the Wonder Years



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Q: How many lessons are included? How long is each lesson?

A: Grade 4 contains six lessons. Grade 5 includes seven lessons. Grade 6 includes seven lessons, and four additional optional lessons that may be purchased individually as desired. Each lesson is 45-50 minutes long.

Q: Does each curriculum guide build on the previous guide, or can they be used independently?

A: Each curriculum guide may be implemented independent of the others. However, the curriculum is designed to be sequential, with some information and skills being repeated in a new way at each grade, and other information and skills being unique to each grade. *Puberty: The Wonder Years* curriculum guides are purchased by individual grade for \$99 each, plus shipping and handling (and tax, if applicable).

Q: What's included in the price?

A: Purchase of each *Puberty: The Wonder Years* curriculum guide includes the teacher-friendly lessons within the guide. It also includes exclusive access to Online Teacher Resources: colorful and fully animated PowerPoint slides, student activity sheets and teacher keys, colorful family activity sheets and family partnership flyers in English and Spanish, and teacher reference information.

Q: What is not included in the price?

A: Videos must be acquired separately from the curriculum guides. A [recommended video list](#) and a [video selection checklist](#) are provided. Selected [videos](#) are offered for sale.

Optional [companion materials](#) are available for an additional cost:

- Four optional lessons for grade 6
- Optional student workbooks for grades 4, 5, and 6
- Student pre- and post-surveys for grades 4, 5, and 6

A [price list](#) provides the prices for all the *Puberty: The Wonder Years* resources.

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Q: How do teachers access the Online Teacher Resources for *Puberty: The Wonder Years*?

A: All Online Teacher Resources are available through a secure, password-protected site. With each purchase of *Puberty: The Wonder Years*, login credentials are provided for one teacher per curriculum guide.

Q: Does *Puberty: The Wonder Years* include student assessment?

A: Authentic student assessment is included in *Puberty: The Wonder Years* at each grade. Rubrics are provided to assess student skill acquisition. Suggestions for projects are provided for additional assessment opportunities. Student activity sheets may be used for grading as desired. [Student pre- and post-surveys](#) may be purchased separately.

Q: Is *Puberty: The Wonder Years* evidenced-based? Has it been evaluated?

A: *Puberty: The Wonder Years* is evidenced-informed and research-based, but it has not yet had the benefit of the type of evaluation needed to prove it is evidence-based. However, two types of evaluations have been conducted to date:

- Student pre- and post-survey results have demonstrated significant improvements in student knowledge, attitudes, and skills. Students are also significantly more likely to have talked with their parents or other trusted adults as a result of their participation in the lessons compared to prior to the lessons.
- Teacher survey results indicated that the vast majority of observing classroom teachers agreed or strongly agreed with these statements regarding *Puberty: The Wonder Years*:
 - Lessons were age appropriate (89%)
 - Content was necessary for this age group (93%)
 - Students learned about puberty (93%)
 - Students benefitted from the lessons (86%)

Read the most recent [evaluation results](#).

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Q: Is professional development available? Is there any online professional development?

A: [Professional development](#) is available in three formats: 1) Face-to-face training may be arranged by contacting the author of *Puberty: The Wonder Years*. 2) The self-paced [Online Training Course](#) is available 24/7. 3) A Trainer's Toolkit is also available for use by experienced sex educators to train their colleagues. Educator training is recommended, but not required, for effective implementation of the curriculum.

Less Shame... More Wonder

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