



Puberty: The Wonder Years Online Teacher Training Courses **Modules with Descriptors**

Module Titles	Format	Time (minutes)	Notes
1. Navigation Overview	Module	10	Optional
2. Introduction to the Course	Module	15	
3. Introduce yourself to the group	Module & Forum	20	
4. Introduction and modeling of ground rules	Module	15	
5. Curriculum Guide	Module	20	
6. Review Curriculum (select one or more): <ul style="list-style-type: none"> • Review 4th Grade Curriculum • Review 5th Grade Curriculum • Review 6th Grade Curriculum 	Module & Forum	60 each	Select one grade or more
7. Online Teacher Resources	Module	10	Optional
8. Website Navigation	Module	15	
9. How to Teach Skills	Module & Forum	25	
10. Student Skill Development – Skill Modeling (select one or more): <ul style="list-style-type: none"> • Grade 4 Student Skill Development – Skill Modeling: Family Appreciation • Grade 5 Student Skill Development – Skill Modeling: Media Literacy • Grade 6 Student Skill Development – Skill Modeling: Refusal Skills 	Module & Forum	35 each	Select one grade or more
11. Educator Skill Development: Facilitating Role Plays	Module	20	
12. Educator Skill Development: Answering Student Questions	Module	20	
13. Educator Skill Development: Practice Answering Student Questions in the Context of Sex Education	Module & Forum	35	
14. Legal Eagle: Know Your State Laws and School Policies	Module & Forum	30	
15. Review State Law and Policy on Sex Education	Module	15	
16. Partnering with Parents and Other Trusted Adults: Create a Plan	Module & Forum	20	
17. Staying Connected	Module	15	

Course Time Totals:

1. **Total for one grade level** (17 modules): 5 hours 45 minutes
2. **Total for two grade levels** (19 modules): 7 hours 20 minutes
3. **Total for all three grade levels** (21 modules): 8 hours 55 minutes