Puberty: The Wonder Years™

**Evaluation Results 2018** 

Students reported\* that they...

## Talked to a

parent or other trusted adult about puberty.

Can name two people to ask for information about puberty.

Decided to
Wait until
adulthood to
become a
parent.



Vonder Yea

Kids who talk with

parents and other trusted adults

delay sex.

## 3 Most Important Things Learned...

Grade 4



- Puberty Changes
- Take Care of Body
- Importance of Waiting

Grade 5



- Puberty Changes
- Avoid HIV/STIs
- Importance of Waiting

Grade 6

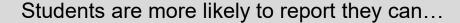


- Importance of Waiting
- Puberty Changes
- Show Respect to Others



## Puberty: The Wonder Years™







4

Know how to give skin and hair special care during puberty. Boys (56% increase) & Girls (47% increase)\*



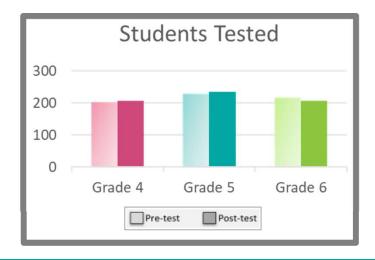
5<sub>th</sub>

Recognize similarities and differences in how boys and girls experience puberty.\*



**6**th

Can name two ways respect sounds and two ways respect looks. Boys (56% increase) & Girls (59% increase)\*



Students in a large, urban, public school district took a pre-test prior to and a post-test following participation in the *Puberty: The Wonder Years*™ curriculum.

Results from 764 matched pre- and post-tests indicate several statistically significant, positive changes in knowledge, attitudes, and skills.

<sup>\*</sup> Statistically significant changes from pre- to post-test.