



Developmental Assets Promoted by Puberty: The Wonder Years Grades 4, 5, 6

Grade 4: "I Wonder How Things Work" ¹

Lesson 1: A Climate for Growth

- #1. Family support
- #2. Positive family communication
- #5. Caring school climate
- #6. Parent involvement in schooling
- #10. Safety
- #12. School boundaries
- #23. Homework
- #33. Interpersonal competence

Lesson 2: Families and Roles

- #1. Family support
- #3. Other adult relationships
- #14. Adult role models
- #33. Interpersonal competence

Lesson 3: New Life

- #16. High expectations
- #31. Restraint
- #32. Planning and decision-making
- #37. Personal power

Lesson 4: Growing Up Male

- #1. Family support
- #2. Positive family communication
- #6. Parent involvement in schooling
- #11. Family boundaries
- #14. Adult role models
- #16. High expectations
- #30. Responsibility
- #31. Restraint
- #33. Interpersonal competence
- #38. Self-esteem

Lesson 5: Growing Up Female

- #30. Responsibility
- #37. Personal power
- #38. Self-esteem
- #40. Positive view of personal future

Lesson 6: Changes in the Skin

- #2. Positive family communication
- #30. Responsibility
- #32. Planning and decision-making
- #37. Personal power

¹ Please visit the Search Institute website for more information: search-institute.org.

Grade 5: "I Wonder What Is Happening to Me" ²

Lesson 1: Ready, Set, Grow!

- #1. Family support
- #2. Positive family communication
- #5. Caring school climate
- #6. Parent involvement in schooling
- #10. Safety
- #12. School boundaries
- #23. Homework
- #33. Interpersonal competence
- #38. Self-esteem
- #40. Positive view of personal future

Lesson 2: Puberty and the Male Reproductive System

- #25. Reading for pleasure
- #30. Responsibility
- #38. Self-esteem

Lesson 3: Puberty and the Female Reproductive System

- #1. Family support
- #2. Positive family communication
- #6. Parent involvement in schooling
- #11. Family boundaries
- #14. Adult role models
- #16. High expectations
- #30. Responsibility
- #31. Restraint
- #33. Interpersonal competence
- #38. Self-esteem

Lesson 4: Reproduction

- #16. High expectations
- #30. Responsibility
- #31. Restraint
- #37. Personal power
- #38. Self-esteem

Lesson 5: Personal Hygiene and Healthy Habits

- #1. Family support
- #2. Positive family communication
- #3. Other adult relationships
- #11. Family boundaries
- #14. Adult role models
- #16. High expectations
- #28. Integrity
- #30. Responsibility
- #31. Restraint
- #32. Planning and decision-making
- #33. Interpersonal competence
- #37. Personal power
- #38. Self-esteem

Lesson 6: Social and Emotional Changes

- #5. Caring school climate
- #10. Safety
- #15. Positive peer influence
- #26. Caring
- #27. Equality and social justice
- #28. Integrity
- #33. Interpersonal competence

Lesson 7: Media Messages

- #15. Positive peer influence
- #16. High expectations
- #28. Integrity
- #29. Honesty
- #32. Planning and decision-making
- #33. Interpersonal competence
- #35. Resistance skills
- #36. Peaceful conflict resolution
- #37. Personal power

² Please visit the Search Institute website for more information: search-institute.org.

Grade 6: "I Wonder What Happens Next"³

Lesson 1: Growing Together

- #1. Family support
- #2. Positive family communication
- #5. Caring school climate
- #6. Parent involvement in schooling
- #10. Safety
- #12. School boundaries
- #23. Homework
- #33. Interpersonal competence

Lesson 2: Fetal Development

- #30. Responsibility
- #31. Restraint
- #32. Planning and decision-making
- #40. Positive view of personal future

Lesson 3: How My Body Works

- #1. Family support
- #2. Positive family communication
- #3. Other adult relationships
- #6. Parent involvement in schooling
- #11. Family boundaries
- #14. Adult role models
- #15. Positive peer influence
- #16. High expectations
- #23. Homework
- #28. Integrity
- #30. Responsibility
- #31. Restraint
- #32. Planning and decision-making
- #33. Interpersonal competence
- #37. Personal power
- #38. Self-esteem
- #40. Positive view of personal future

Lesson 4: Emotions and Relationships

- #5. Caring school climate
- #10. Safety
- #12. School boundaries
- #15. Positive peer influence
- #16. High expectations
- #24. Bonding to school
- #26. Caring
- #27. Equality and social justice
- #28. Integrity
- #29. Honesty
- #30. Responsibility
- #31. Restraint
- #32. Planning and decision-making
- #33. Interpersonal competence
- #36. Peaceful conflict resolution
- #37. Personal power

Lesson 5: Relationship Challenges

- #5. Caring school climate
- #10. Safety
- #12. School boundaries
- #15. Positive peer influence
- #16. High expectations
- #24. Bonding to school
- #26. Caring
- #27. Equality and social justice
- #28. Integrity
- #29. Honesty
- #30. Responsibility
- #31. Restraint
- #35. Resistance skills
- #36. Peaceful conflict resolution
- #37. Personal power

³ Please visit the Search Institute website for more information: search-institute.org.

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Lesson 6: Making Responsible Decisions

- #5. Caring school climate
- #10. Safety
- #12. School boundaries
- #15. Positive peer influence
- #16. High expectations
- #24. Bonding to school
- #26. Caring
- #27. Equality and social justice
- #28. Integrity
- #29. Honesty
- #30. Responsibility
- #31. Restraint
- #32. Planning and decision-making
- #33. Interpersonal competence
- #37. Personal power
- #38. Self-esteem
- #40. Positive view of personal future

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Lesson 7: Growing Strong

- #2. Positive family communication
- #3. Other adult relationships
- #11. Family boundaries
- #14. Adult role models
- #15. Positive peer influence
- #16. High expectations
- #23. Homework
- #28. Integrity
- #29. Honesty
- #30. Responsibility
- #31. Restraint
- #32. Planning and decision-making
- #33. Interpersonal competence
- #35. Resistance skills
- #36. Peaceful conflict resolution
- #37. Personal power
- #38. Self-esteem
- #40. Positive view of personal future