



Together Talk About Growing Up

Directions:

- Discuss these questions with a parent, caregiver, or another trusted adult.
- You do not need to write down any answers.
- Have the person you talked with sign this paper.
- Bring the paper back to class.

How have I (student) changed since I was a baby?

What did I like to do when I was younger?

What do you want me to know about growing up?



What do you (adult) remember most about puberty and growing up?

Parent's or Trusted Adult's Signature _____



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