



Video Selection Checklist

Directions:

1. Please refer to pages 2-7 of the "Video and Materials List" online at www.PubertyCurriculum.com for video descriptions and sources.
2. Preview the videos. Most video producers will allow you a free online preview if you email your request.
3. Mark the videos selected for use on the chart below.
4. Order selected videos from the producer. Videos marked with * may also be ordered from www.PubertyCurriculum.com.

- Grade 4:**
- Lesson 4 utilizes a video on the male reproductive system.
 - Lesson 5 utilizes a video on the female reproductive system.
 - Lesson 6 has an optional video suggestion about hygiene.

Lesson	Video Options	Video Selected
4 & 5 Select one for males and one for females OR one for both.	Online option:	
	<i>Always Changing Puberty Program</i>	
	<i>Healthy Me II: Looking Ahead (About Boys)</i>	
	<i>Healthy Me II: Looking Ahead (About Girls)</i>	
	<i>Just Around the Corner for Boys</i> * (also streamed)	
	<i>Just Around the Corner for Girls</i> * (also streamed)	
	<i>Let's Talk Puberty for Boys</i>	
	<i>Let's Talk Puberty for Girls</i>	
	<i>Meet the New You! for Boys</i> (part 1)	
	<i>Meet the New You! for Girls</i> (part 1)	
	<i>My Changing Life Series: The Complete Guide to Puberty (Boys)</i>	
	<i>My Changing Life Series: The Complete Guide to Puberty (Girls)</i>	
<i>We're Just Around the Corner</i> * (also streamed)		
6 Optional	<i>Healthy Me II: Good Hygiene</i>	
	<i>Meet the New You! for Boys</i> (part 2)	
	<i>Meet the New You! for Girls</i> (part 2)	
	<i>Oh No. B.O.</i> (free online)	
	<i>You're Not a Little Kid Anymore</i>	



Video Selection Checklist

Directions:

1. Please refer to pages 8-12 of the "Video and Materials List" online at www.PubertyCurriculum.com for video descriptions and sources.
2. Preview the videos. Most video producers will allow you a free online preview if you email your request.
3. Mark the videos selected for use on the chart below.
4. Order selected videos from the producer. Videos marked with * may also be ordered from www.PubertyCurriculum.com.

- Grade 5:**
- Lesson 2 utilizes a video on the male reproductive system.
 - Lesson 3 utilizes a video on the female reproductive system.

Lesson	Video Options	Video Selected
2 & 3 Select one for males and one for females OR one for both.	Online option:	
	<i>Growing Up for Boys</i> (also streamed)	
	<i>Growing Up for Girls</i> (also streamed)	
	<i>Let's Talk Puberty for Boys</i>	
	<i>Let's Talk Puberty for Girls</i>	
	<i>My Changing Life Series: The Complete Guide to Puberty (Boys)</i>	
	<i>My Changing Life Series: The Complete Guide to Puberty (Girls)</i>	
	<i>Puberty A Boy's Journey</i> (Part 1)	
	<i>Puberty A Girl's Journey</i> (Part 1)	
	<i>Puberty for Boys: Top Ten Things to Expect</i>	
	<i>Puberty for Girls: Top Ten Things to Expect</i>	
	<i>Top Signs Boys Are in Puberty, and All About Getting Your Period</i> (free online), plus Appendices A, C, D	
	<i>You, Your Body, and Puberty*</i>	



Video Selection Checklist

Directions:

1. Please refer to pages 13-18 of the "Video and Materials List" online at www.PubertyCurriculum.com for video descriptions and sources.
2. Preview the videos. Most video producers will allow you a free online preview if you email your request.
3. Mark the videos selected for use on the chart below.
4. Order selected videos from the producer. Videos marked with * may also be ordered from www.PubertyCurriculum.com.

- Grade 6:**
- Lesson 2 includes a video on fetal development.
 - Lesson 3 utilizes a video on the male and female reproductive system.
 - Lesson 4 utilizes a video on the emotional changes of puberty

Lesson	Video Options	Video Selected
2	<i>Fetal Development: A Nine-Month Journey*</i>	
3 Select one for boys and one for girls OR one for both.	<i>Boy to Man, 4th edition</i>	
	<i>Girl to Woman, 4th edition</i>	
	<i>Healthy Teens: The New Me--About Boys</i>	
	<i>Healthy Teens: The New Me--About Girls</i>	
	<i>Puberty: The Great Adventure, 6th edition (Boys, Girls, or Both)*</i>	
	<i>Straight Talk About Puberty for Boys</i>	
	<i>Straight Talk About Puberty for Girls</i>	
	<i>Top Signs Boys Are in Puberty, and All About Getting Your Period, and Where Do Babies Come From? (free online), plus Appendices A, C, D</i>	
	<i>We're Growing Up</i>	
<i>You, Your Body, and Puberty</i>		
4 Select one.	Online option:	
	<i>Changing Bodies, Changing Emotions</i>	
	<i>Emotional Changes</i>	
	<i>Sad and Happy: Feelings Happen (free online)</i>	
	<i>Straight Talk About Sexual Choices and Consequences*</i>	